



Christmas camp winter 2025

Location	Hjorthagshallarna, Gasverksvägen 12 Stockholm
Start of camp	Friday 26 december, 09,00
End of camp	Tuesday 30 december 12.00
Camp info	The camp is a mandatory activity for fencers who aspire on a spot in the national teams. Absence from the camp without valid reason may exclude the fencer from upcoming events and international championships. If a called fencer can't participate, contact team captain Rickard Barvestad with a valid reason There is a store nearby that athletes can buy food during the camp
Participants	Athletes will be called by standing in Uttagningsranking and may be called on merits.
International Guests	International guests are welcome to participate. Please send an email to rickard.barvestad@fencing.se. The main focus of the camp is technique, physique training and tactics.
Schedule	Schedule will be provided at the start of the camp.
Equipment	Clothes to do physical training, fencing and outdoor training. Training dairy will be mandatory for fencers that use it
Accommodation	Athletes are required to book their own accommodation If athletes need help with accommodations contact Rickard Barvestad
Travel	Athletes are required to book their travel on their own.
Fee	The fee for the camp is 500:-. The Swedish clubs for the youth fencer will be able to apply for support via IdrottOnline. Athletes can't apply by them self.
Registration	Athletes are required to notify team captain Rickard Barvestad. Last date to notify is 10 november. Reserves may be called
Trainers	Head coach for camp is Rickard Barvestad. There will be extra coaches added later

Club coaches

Club coaches are welcome to participate at the camp. Notify rickard.barvestad@fencing.se if you would like to participate

Contact info

Questions about the camp:
Rickard Barvestad, rickard.barvestad@fencing.se
+46766489999

Athletes that's called:**Seniors**

Sophie Engdahl, FFF Stockholm
Moa Mannika, DIF
Engla Sennerlin-Holm, DIF
Renda Eden Rose, FFF Stockholm

Junior

Sofia Lundberg, DIF
Alma Harding, AFiL Lund
Ingrid Lindholm, KF99 Kungsbacka
Emma Carlsson, Kalmar Fäktklubb
Elsa Elmfeldt Örskog, LFK Lidingö
Neolie Lippert, FFF Stockholm
Linnea Eriksson, FFF Stockholm
Embla Swenning Uppsala

U17

Sophia Andersson, FFF Stockholm
Mira Hommik, FFF Stockholm
Anna Frodler, FFF Stockholm
Matilda Vestin, FFF Stockholm
Moa Brolin, FFF Stockholm
Alba Fallde, FFF Stockholm
Theodora Persson, FFF Stockholm
Maria Krzyzanowska, FFF Stockholm
Elisabeth Thoor, FFF
Hermine Blomwvist, FFF
Signe Bergström, FFF
Alicia Gonzalez, Mf19
Lova Vinqvist, Mf19
Tyra Öfors, GoFK Visby
Estrid Ulltjärn, DIF
Ines Kjellgren DIF
Victoria Sandholm, GFK
Greta Fischl, A6 Jönköping
Meja Eklund, A6

See you at the camp,

National team captains for epee women,
Solt Serra & Rickard Barvestad